

Fine-Light

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For more information about Fine-Light contact:
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Tel **0845 601 0933**
Email **LookYounger@Fine-Light.co.uk**
Web **www.Fine-Light.co.uk**



Fine-Light is an Innovate Photonics brand



Please read the User's Guide before using Fine-Light for the first time and keep the guide available for ready reference.

Remember that electrical appliances are NOT toys. Keep Fine-Light out of the reach of small children.

The Fine-Light unit should NOT be used as a substitute for any medical treatment.

If you notice or feel any unpleasant side effects after or during use, stop using Fine-Light immediately and consult your doctor or dermatologist.

Do not use Fine-Light if you have very light-sensitive skin (photosensitivity). This is a condition that affects roughly one in 500 people and may be indicated by intense itching and a 'prickly heat' rash after too much light exposure.

Some medications can influence and alter the reaction of the body to light. If you are unsure we recommend that you consult your medical practitioner before using Fine-Light.

Fine-Light must be used for its intended purpose and according to the instructions in the User Manual. Any contravention of these instructions or misuse of the equipment will nullify the guarantee and absolve Innovate Photonics Ltd of liability for any damage arising. This does not affect your statutory rights.

Repairs to the Fine-Light unit should only be carried out by a qualified technician at our servicing depot. Please contact us for our service address.

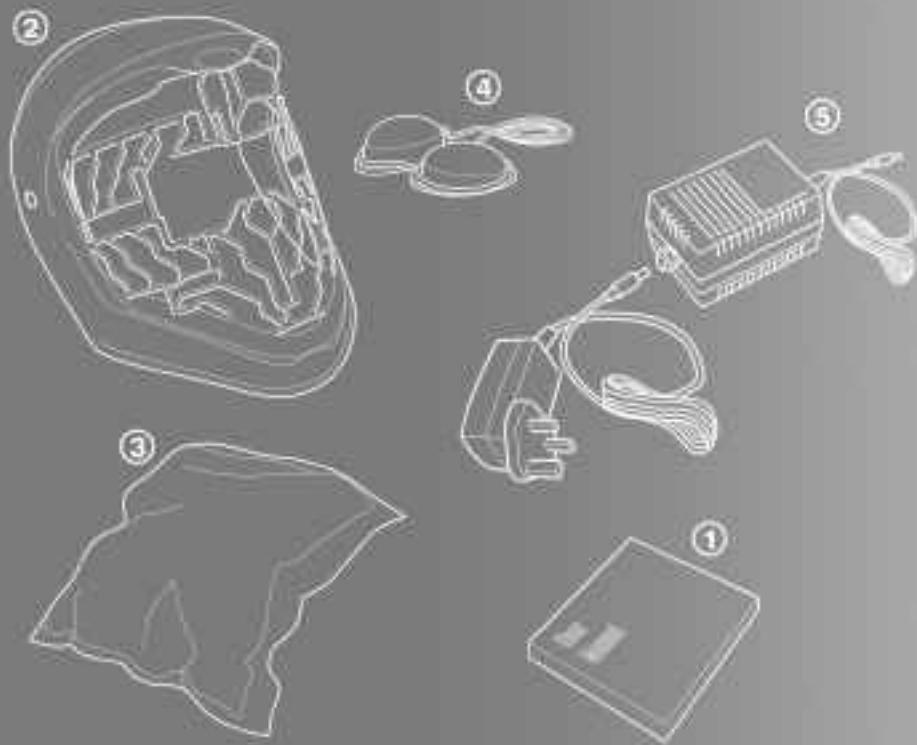
All packaging should be disposed of properly, ideally in the appropriate recycling centre.

Skin Rejuvenation System

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Contents



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Congratulations on purchasing Fine-Light, the skin rejuvenation system. Before you use Fine-Light for the first time, please take a few moments to read these instructions and familiarise yourself with the product.

The pack contains:

- ① Instructions for Use
- ② The Fine-Light Red LED Visor
- ③ Adjustable Headgear
- ④ Tinted Safety Glasses
- ⑤ Mains Power Supply

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Assembly Instructions



Remove all components from the headgear packaging. Remove knobs from gray, adjustable pivots. NB: adjustable pivots will be marked left and right (see figures 1, 2 and 3).

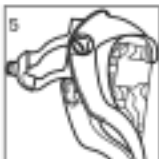


If you want the Fine-Light mask closer to the face, insert the gray adjustable pivot (shoulder bolt) in the front hole on the headgear. Make sure the flange at the bottom of the threaded bolt is through the Fine-Light shell and flush (see figure 4). Screw knobs back on and tighten.

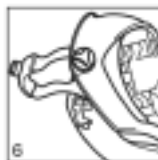


Adjusting distance from your face

Disengage headgear from locked position, lift gray adjustable pivot (one side at a time) to preferred angle of the visor. The front hole will place Fine-Light further from the face. The back hole will tip the Fine-Light closer to the chin.



Make sure both pivots are in the same hole position on both sides of the Fine-Light shell. Re-engage lock to use. Make sure there is minimal space between chin and housing (see figures 5 and 6).



Adjustment of Headgear

To raise and lower the position of the headgear on the head, adjust the hole position at centre strap (see figure 7).



Adjusting Headband

Push in and unscrew (anticlockwise) to open suspension strap. Lower on head and push in and tighten (clockwise) until snug. If suspension feels too high or too low on head, re-adjust centre strap.



Removal/Replacement of Sweatband (see figures 8 and 9)

Sweatband can be removed for changing or washing. To replace the sweatband, wrap it around plastic headband. Hook holes on top of headband over hooks on strap. Wrap over top of the strap and pull holes over the hooks to hold sweatband in position.

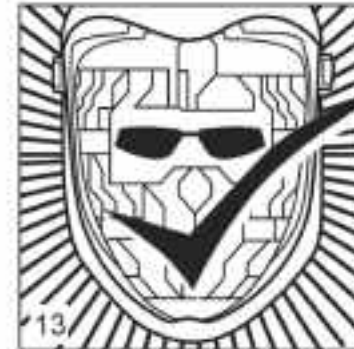
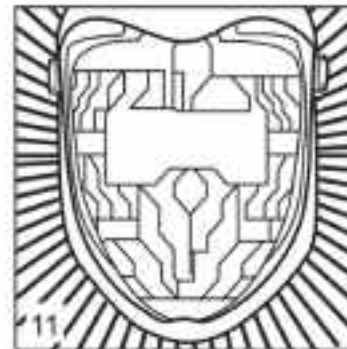
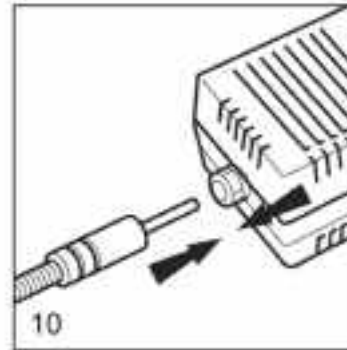


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Instructions for use

1. Plug the Mains Power Supply Unit into a suitable power socket.
2. Connect the plug from the LED Visor to the power supply and ensure it is pushed fully home (see figure 10).
3. For safety, now switch the LEDs off whilst you fit the visor. Make sure the visor is adjusted so that you are looking straight through the LED area (see the 'assembly' instructions for details on how to adjust the visor to fit your head size).
4. Use the knob on the back of the unit to make these fine adjustments (see figure 12). We recommend that you start with the knob turned fully clockwise (in this position the headband will be tight to your forehead). Gradually turn the knob anticlockwise, which slackens the headband, until the 'LED clear' area is centred in front of your eyes (see figure 13). Make any other fine adjustments as necessary, by moving the pegs to the appropriate hole in the top strap as previously described in the assembly instructions.
5. Wear the tinted glasses provided at all times.
6. Once you are happy that the unit is comfortable and is positioned correctly, switch it on at the mains and check that all the LEDs light up (see figure 11).
7. You are now free to relax for 20 to 30 minutes.



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Suggestions for use

During the early stages of use, we suggest you use Fine-Light to relax for 20 to 30 minutes.

A good maintenance level would be one session every two, three or more days, depending on your personal results.

Once you are satisfied with the difference to your skin, reduce the frequency of use.

Before each session use facial wipes to gently cleanse the surface of your skin and remove any excess oil present. For best results, remove all make-up.

N.B. You will notice a slight warming sensation during each session. This is entirely normal and nothing to worry about. Remember to wear the tinted glasses each time you use the unit and to ensure that the LEDs are switched on!

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